

CARE OF BONDING AND PORCELAIN VENEERS

Dr. Gary Alex

1. Do **NOT** chew hard foods like hard candy, ice, bones in meat, etc., directly on your bonded or veneered teeth.
2. Be careful not to bite on pens, pencils, etc.
3. Do **NOT** chew your fingernails!!!
4. Wear a mouth-guard while playing contact sports.
5. You should brush and floss your teeth daily (use a soft bristled brush with rounded edges). You will be shown the proper technique for brushing and flossing.
6. Have your teeth cleaned and checked on a regular basis. Veneers and bonding will not last forever but proper care will maximize the life expectancy of these restorations.
 - ✍ There may be a nominal fee for repairs or changes during the first year for free handed bonding. After one year full fees may apply.
 - ✍ Porcelain veneers repaired or replaced free of charge for a period of three years after date of placement if any problems during normal use.

I have reviewed and received a copy of this handout on
porcelain veneer & bonding care:

PATIENT SIGNATURE: _____ DATE: __/__/__.